

Purpose: Use of the nursing process (ADPIE) is fundamental to providing competent and patient centered nursing care. Nursing care plans help to organize this process and help ensure best outcomes for patients. This assignment will facilitate a better understanding of the nursing process and how nursing care plans are developed and used to guide care.

Related course learning outcomes: CLO # 3. Describe and apply the principles of the nursing process in the development of nursing care plans. CLO #4. Incorporate the principles of the nursing process in identifying and discussing selected needs.

Process: As a small group of 3-4 students, use the nursing process to complete a nursing care plan for Mr. Smith related to his physical mobility needs. His case study is on page 2 of this document.

Evaluation: This assignment is worth 15% of the final grade for this course. Refer to the rubric for details of how this assignment will be marked.

Requirements: Complete a nursing care plan on **Mr. Smith's mobility needs**. Use evidence based practice, including 2 sources for references. **USE THE RUBRIC TO GUIDE YOU.**

Details of Care Plan:

Assessment: Use the data provided in the case study to identify the clinical manifestations and influencing factors related to Mr. Smith's mobility. Identify subjective and objective data by using an S and an O.

Nursing Diagnosis: "Impaired Physical Mobility related to....." fill in the related factor, making sure that there is data in your assessment to support your complete nursing diagnosis.

Goals: Write **three goals or more** for the nursing diagnosis. Be sure to make each goal **SMART**. S-Specific (to the patient) , M- measureable A- attainable R- realistic T- time limited.

Interventions: **Write as many interventions** as possible to meet your goals. Identify which interventions relate to which goal (s). A minimum is 3 interventions for each goal.

Rationales: Provide a rationale for each intervention. Rationale will need to be referenced.

Evaluation: Identify how you would know whether or not the goals have been met and whether the interventions would be continued, modified or discontinued. 7.

Format:

The nursing care plan is to be completed using the forms provided. Correct grammar and spelling is required. The assignment requires a title page and reference page as per APA format. Scholarly web based sites (addresses that end in ".org", or ".gov".) are acceptable as references, as is your textbook, Potter and Perry and Nursing Diagnosis Textbook.



Mr. Smith's Case Study

You are providing nursing care for Mr. Smith, an 84 yr. old male who suffered a stroke 2 weeks ago. Mr. Smith is married and his wife visits each afternoon. His children live out of town and visit when they are able. Until the stroke, Mr. Smith was an active senior who was involved in many activities.

At this time, Mr. Smith has full use of his left side. His right extremities, hand and foot are weak (right sided weakness). He tells you that he "can hardly move in bed or turn to my side". He says "my right side is no good at all".

He is unable to perform activities of daily living (ADLs) 'independently and needs to be encouraged to assist with his morning care. He states, "why bother if I can't do it by myself"; "I'm comfortable on my back, why does it really matter if I move or not?"

The physiotherapist has instructed him on transferring to and from a wheelchair with the assistance of one nurse. When you ask him about getting up after breakfast he tells you that it hurts too much to get up. During his bed bath, you note slightly reddened areas on his coccyx and both heels.

After receiving pain medication, and with the assistance of a second nurse and much encouragement, he agrees to get up and transfer to the wheel chair. After 10 minutes in the wheelchair, he is asking to go back to bed.

Nursing Care Plan Assignment Rubric Grade values 10%

STUDENT NAMES _____ (attach this to the assignment)

ELEMENTS ASSESSED	0	1	2
Assessment: Clinical Manifestations	Unable to distinguish mobility clinical manifestations from other assessment data	Able to identify some clinical manifestations of mobility	Correctly identified clinical manifestations of mobility correctly
Assessment: Etiology/ Influencing Factors	Unable to distinguish influencing factors for mobility from clinical manifestations and other assessment data	Able to identify some appropriate influencing factors for mobility	Correctly identified appropriate influencing factors for mobility
Subjective and Objective Data	No identification of data being either objective or subjective	Subjective and objective data noted, but not always correctly	Subjective and objective data noted correctly
Nursing Diagnoses	Unable to correctly complete nursing diagnosis	Able to formulate a correct nursing diagnosis for Mr. Smith but there is not enough assessment data to support this diagnosis	Able to correctly formulate complete this nursing diagnosis which is well supported by assessment data
Goals	Unable to formulate goals that are in "SMART" Identified less than 3 goals	Goals formulated are difficult to measure and/or not client centred, realistic and/or have no time limit	Each of the goals is specific to patient, measurable, acceptable realistic, and include time limit
Interventions	Interventions are not related to mobility and the identified influencing factors or not nurse initiated	Some appropriate nursing interventions but minimal detail or not related to mobility and the identified influencing factors	Identified appropriate nursing interventions to meet goals; interventions are related to mobility and the influencing factors
Rationales	No rationale for interventions provided	Rationale provide but not related to the interventions in all cases	Appropriate rationale provided for each intervention
Evaluation	No evaluation included	Evaluation present, but does not indicate further care plan needs	Evaluation completed. Direction for follow up is provided.
Grammar and Spelling	Significant spelling/grammar errors	Occasional spelling or grammar errors	No spelling or grammar errors
APA Title Page and Reference List	One or the other not included or not APA format	Appropriate Title Page and Reference list included. Used 1 source.	Title page, Reference List in APA format Used 2 or more sources
Comments and Final Mark	/ 20		