



Mr. Smith's Case Study

You are providing nursing care for Mr. Smith, an 84 yr. old male who suffered a stroke 2 weeks ago. Mr. Smith is married and his wife visits each afternoon. His children live out of town and visit when they are able. Until the stroke, Mr. Smith was an active senior who was involved in many activities.

At this time, Mr. Smith has full use of his left side. His right extremities, hand and foot are weak (right sided weakness). He tells you that he "can hardly move in bed or turn to my side". He says "my right side is no good at all".

He is unable to perform activities of daily living (ADLs) 'independently and needs to be encouraged to assist with his morning care. He states, "why bother if I can't do it by myself"; "I'm comfortable on my back, why does it really matter if I move or not?"

The physiotherapist has instructed him on transferring to and from a wheelchair with the assistance of one nurse. When you ask him about getting up after breakfast he tells you that it hurts too much to get up. During his bed bath, you note slightly reddened areas on his coccyx and both heels.

After receiving pain medication, and with the assistance of a second nurse and much encouragement, he agrees to get up and transfer to the wheel chair. After 10 minutes in the wheelchair, he is asking to go back to bed.

STUDENT NAMES _____ (attach this to the assignment)

ELEMENTS ASSESSED	0	1	2
Assessment: Clinical Manifestations	Unable to distinguish mobility clinical manifestations from other assessment data	Able to identify some clinical manifestations of mobility	Correctly identified clinical manifestations of mobility correctly
Assessment: Etiology/ Influencing Factors	Unable to distinguish influencing factors for mobility from clinical manifestations and other assessment data	Able to identify some appropriate influencing factors for mobility	Correctly identified appropriate influencing factors for mobility
Subjective and Objective Data	No identification of data being either objective or subjective	Subjective and objective data noted, but not always correctly	Subjective and objective data noted correctly
Nursing Diagnoses	Unable to correctly complete nursing diagnosis	Able to formulate a correct nursing diagnosis for Mr. Smith but there is not enough assessment data to support this diagnosis	Able to correctly formulate complete this nursing diagnosis which is well supported by assessment data
Goals	Unable to formulate goals that are in "SMART" Identified less than 3 goals	Goals formulated are difficult to measure and/or not client centred, realistic and/or have no time limit	Each of the goals is specific to patient, measurable, acceptable realistic, and include time limit
Interventions	Interventions are not related to mobility and the identified influencing factors or not nurse initiated	Some appropriate nursing interventions but minimal detail or not related to mobility and the identified influencing factors	Identified appropriate nursing interventions to meet goals; interventions are related to mobility and the influencing factors
Rationales	No rationale for interventions provided	Rationale provide but not related to the interventions in all cases	Appropriate rationale provided for each intervention
Evaluation	No evaluation included	Evaluation present, but does not indicate further care plan needs	Evaluation completed. Direction for follow up is provided.
Grammar and Spelling	Significant spelling/grammar errors	Occasional spelling or grammar errors	No spelling or grammar errors
APA Title Page and Reference List	One or the other not included or not APA format	Appropriate Title Page and Reference list included. Used 1 source.	Title page, Reference List in APA format Used 2 or more sources
Comments and Final Mark / 20			